

Prevalence of Bony Dehiscences in Angle-Class I, II/1, and II/2 Using CBCT

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Abstract

Objectives: The aim of this study was to investigate and compare the prevalence and extent of alveolar dehiscences in patients with Class II/1 and Class II/2 malocclusions, as compared to those with normal Class I occlusion.

Material and methods: The analysis involved 207 CBCT files (Voxel-Size 200-250 μm) of patients with either a Class I, II/1 or II/2, that were retrieved from the database of a radiological institute. The DICOM-Software *In-Vivo* 5 (Anatomage Inc, San Jose, California) was used to measure the periodontal bone level for each periodontium on both the buccal and lingual sides, from the cemento-enamel-junction to the crestal alveolar bone. A total of 5547 buccal and 5550 oral measurements were retrieved. A bone loss >2 mm was classified as a dehiscence.

Results: Approximately 50% of the teeth within all examined malocclusions exhibited buccal dehiscences greater than 2 mm in size. Dehiscences were significantly bigger on the buccal side in all angle classes. Buccal alveolar dehiscences were most frequently observed on the maxillary canines and mandibular first premolars. Maxillary incisors in Class II/1 and II/2 showed no significant difference in dehiscence size on the buccal side.

Conclusion: Individual assessment of the periodontal bone level should be considered prior to buccal tooth movement or tipping due to the generally high prevalence of pretherapeutic bony dehiscences.

Keywords: Orthodontics; Alveolar bone; Periodontal attachment; CBCT.

Introduction

Bony dehiscences refer to areas where the cortical bone surrounding a tooth's root is absent, exposing the root to the surrounding soft tissues. These dehiscences can occur on both the buccal and lingual sides of teeth and are often associated with periodontal diseases, orthodontic movements, or anatomical variations.

Bony dehiscences lead to gingival recessions and the exposure of the dental tooth root [1]. As the root of the tooth is not covered by enamel, it is more susceptible to physical damage, sensitivity, and caries infection, which can affect the tooth's lifespan.

While several studies show that the prevalence of dehiscences is generally high [2-4], only few studies have analyzed the prevalence of dehiscences comparing different Angle-Malocclusions. Yagci et al. examined patients in Angle Class (AC) I, II, and III, and found that nearly all patients had at least one buccal dehiscence. However, they did not observe a significant difference in the incidence of dehiscences among the three groups. Most dehiscences were located in the incisor region of the mandible in all groups. In the maxilla, Class I patients had the highest prevalence of dehiscences in the incisor region (23.07%), while canines were the most commonly affected teeth in Class II (31.48%) and III (28.16%) patients [4]. Evangelista et al. found an average prevalence of dehiscences of 51.09% among the 4,319 examined teeth from patients in AC I or II/1. Patients with

Class I malocclusion had a 35% higher prevalence of dehiscence compared to those with Class II Division 1 malocclusion [3].

To date, there have been no CBCT studies that have specifically investigated Class II malocclusions, which can be further categorized into Class II/1 and II/2 based on the inclination of the upper front teeth. The comparison between Class II Division 1 and Division 2 malocclusions is crucial because the distinct angulations of the upper incisors in each group may lead to different stress patterns on the alveolar bone. In Class II/1, the upper incisors are proclined, while in Class II/2, they are retroclined, which could result in varying levels of bone strain.

The study's objective was to examine if the prevalence periodontal bone dehiscences can be anticipated solely on the Angle-Class malocclusion without further radiological analysis and whether AC II/1 and II/2 malocclusions are predominantly linked to periodontal dehiscences. A periodontal vertical bone loss over 2 mm was classified as a dehiscence [3,4].

Material and methods

Inclusion criteria

In this study, 207 pretherapeutic CBCT images from orthodontic patients were randomly selected based on the following inclusion criteria: no previous orthodontic treatment, no deciduous teeth, no missing teeth, no teeth that did not fully reach the occlusal plane, no or mild crowding according to the little-index and a minimum image resolution of 0.25 voxel. All images were available in the collection of the institute. The division into Angle classes was assessed based on Angle's classification. The sample classification into Class I was established based on the bilateral molar and canine relationships being in Class I, with overjet values ranging from 1 to 3 mm and 11-NSL value between 100° and 104°. Class II Division 1 subjects had bilateral molar and canine relationships in Class II, overjet >4 mm, and 11-NSL values >104°. For Class II Division 2 subjects, the criteria were bilateral molar and canine relationships in Class II, overjet <3 mm and 11-NSL <100°. This resulted in 75 Class I, 74 Class II/1, and 58 Class II/2 patients, with demographic distribution shown in (Table 1).

Technical equipment

All 207 CBCT images were captured using either the iCAT Classic or the iCAT next generation device by Imaging Sciences International, Inc. (Hatfield, USA). The selected CBCT scans had a minimum resolution of 0.2 mm to 0.25 mm. All images were analyzed under standardized conditions, including same trained examiner, a darkroom, InVivo 3D-Imaging-Software (Anatomage Inc., San Jose, California), and a standardized monitor approved for diagnostic radiology (EIZO 3 Megapixel RadiForce™ R31 Monitor).

Specific measurement of dehiscences

The teeth were grouped into seven categories: central incisors (1), lateral incisors (2), canines (3), first premolars (4), second premolars (5), first molars (6), and second molars (7). The buccal and lingual sides of each tooth (7-7) were measured individually, and the measurements were grouped by upper and lower jaw. To measure a dehiscence, the tooth was positioned vertically at a 90° angle to the horizontal plane, which was set as the lower border of the examination screen. The distance between the cemento-enamel junction and the crestal alveolar bone was measured on the lingual and buccal side, with a maximum slice thickness of 0.1 mm. The measuring points were

chosen at the center of the tooth, which was half the horizontal distance between the widest part of the tooth and the apex, connecting the shortest distance between the CEJ and the alveolar crest, parallel to the tooth-axis. An example measurement can be seen in (Figure 1). A dehiscence was defined as being >2 mm, with further differentiation into those >2 mm and those >3 mm. The measurements classified as greater than 2 mm also included measurements greater than 3 mm.

Statistical analysis

Two trained examiners conducted all measurements. Inter-rater reliability was tested using the Interclass-Correlation-Test (0.973). To assess the consistency of the results, a sample of ten randomly selected data sets was remeasured on different days within one week. The mean difference between measurements was ± 0.3 mm. There were no significant differences between the measurements of the two examiners ($p > .38$).

A power analysis was conducted to determine the sample size required to detect a medium effect size ($d=0.5$), with a significance level alpha of 0.05 and a desired power of 0.80. The statistical analysis was performed using IBM SPSS Statistics Premium Grad Pack 24 (Version 24, IBM, SPSS) and Microsoft Excel (Version 2016 for Windows, Microsoft, Redmond, WA, USA).

A paired t-test was employed to compare measurements within the same Angle Class, considering the equal size and non-normal distribution of the samples.

For comparisons between different Angle classes, the non-parametric Mann-Whitney U test was used, given its robustness to non-normal distributions and independence of samples.

A linear regression analysis was performed to examine the correlation between the size of the dehiscence and the age of the subjects, with assumptions of linearity.

Results

To provide an overview of the collected data, the average measurement size and standard deviation (SD) for each tooth were calculated and are presented in (Figure 2). Across all Angle Classes, buccal measurements are generally larger than lingual measurements. The statistical calculations supporting this observation are detailed later in the paper.

Notably, on the buccal side, the upper canines (teeth 13 and 23) and lower premolars (teeth 34 and 44) exhibit prominent dehiscences across all Angle Classes. On the lingual side, dehiscences are most prevalent in the upper lateral teeth and lower anterior teeth.

Comparison within angle classes

Buccal vs. lingual measurements: Regarding all measurements, measurements were highly significantly greater on the buccal side in each angle class with $p < 0.001$ (Class I: buccal 2.08 mm \pm 0.76 mm vs. lingual 1.91 mm \pm 0.72 mm; Class II/1: buccal 2.32 mm \pm 0.81 mm vs. lingual 2.20 mm \pm 0.79 mm; Class II/2: buccal 2.27 mm \pm 1.24 mm vs. lingual 2.11 mm \pm 1.1 mm).

Regarding only measurements greater than 2 mm, the results did not show consistency in significance across all angle classes. For Angle Class I the average buccal measurement was 2.76 mm \pm 0.64 mm, compared to 2.66 mm \pm 0.51 mm on the lingual side was significantly greater ($p=0.0013$). In Angle Class II/1, the buccal mean was 2.79 mm \pm 0.77 mm and the lingual mean was 2.79 mm \pm 0.70 mm, with no significant difference

($p=0.88$). For Angle Class II/2, the buccal measurements averaged $3.16 \text{ mm} \pm 1.12 \text{ mm}$ compared to $2.98 \text{ mm} \pm 0.92 \text{ mm}$ on the lingual side ($p=0.003$). All results can be viewed in detail in (Table 2).

Buccal vs. lingual measurements, differentiated by upper and lower jaw: When the upper and lower jaws were analyzed separately within each class, buccal measurements were generally significantly greater than lingual measurements with two exceptions: In Angle Class I, there was no significant difference in the lower jaw, and for Angle Class II/1, in the lower jaw the lingual dehiscences were significantly greater than the buccal measurements. All results can be viewed in detail in (Table 2).

Buccal vs. lingual measurements, only frontal teeth (12-22 and 32-42): When only the upper four incisors were compared, the results showed significantly bigger measurement sizes on the buccal side across all Angle classes ($p<0.001$). In Angle Class I, the buccal measurement was $2.09 \pm 0.66 \text{ mm}$ compared to $1.46 \pm 0.58 \text{ mm}$ on the lingual side. For Angle Class II/1, the buccal measurement was $2.39 \pm 0.70 \text{ mm}$, while the lingual side measured $1.76 \pm 0.66 \text{ mm}$. In Angle Class II/2, the buccal measurement was $2.27 \pm 0.94 \text{ mm}$ compared to $1.78 \pm 0.90 \text{ mm}$ on the lingual side. Interestingly, when the lower four incisors were compared, the results showed lingual measurements to be generally larger than buccal measurements in Angle Classes I and II/1, with statistically significant differences, while in Angle Class II/2, the differences are not statistically significant. In Angle Class I, the average buccal measurement was $1.89 \pm 0.65 \text{ mm}$, while the lingual measurement was $2.06 \pm 0.67 \text{ mm}$, with a statistically significant difference ($p=0.001$). For Angle Class II/1, the buccal measurement averaged $2.12 \pm 0.79 \text{ mm}$ compared to $2.58 \pm 0.80 \text{ mm}$ on the lingual side, also showing a statistically significant difference ($p < 0.001$). In Angle Class II/2, the buccal measurement was $2.49 \pm 1.24 \text{ mm}$, while the lingual measurement was $2.60 \pm 1.12 \text{ mm}$, with the difference not being statistically significant ($p=0.32$). The results are visualized in (Figures 3 and 4).

Comparison between angle classes

Buccal and lingual combined: The results are presented in two categories: size and prevalence of dehiscences. Mean measurement size resulted for Angle-Class I, II/1 and II/2 of $1.99 \pm 1.18 \text{ mm}$, $2.26 \pm 0.74 \text{ mm}$ and $2.18 \pm 0.80 \text{ mm}$ respectively. Patients with Class II/1 had significantly larger dehiscences than the other two classes ($2.26 \pm 0.74 \text{ mm}$, $p<0.01$).

The results indicate that Class I had an average prevalence of dehiscences (measurements $>2 \text{ mm}$) of 44.30%, Class II/1 had a prevalence of 58.21%, and Class II/2 had a prevalence of 49.10%. Class II/1 had a significantly higher prevalence of dehiscences than Class I ($p<0.01$), but there was no significant difference between Class II/1 and Class II/2 ($p>0.05$). When looking specifically at dehiscences greater than 3mm in size, the distribution was 9.63% for Class I, 15.49% for Class II/1, and 16.99% for Class II/2. Both subdivisions of Class II were found to be significantly greater than Class I ($p<0.01$).

In the maxilla the number of dehiscences increases towards the canines and first premolars within each Angle-Class, to then decrease towards the second molar. In all classes the first molar showed more dehiscences than the second molar and the second premolar.

In the mandible the incisors show a similar prevalence of dehiscences as the canines and premolars in all Angle-Classes.

The amount of dehiscences also decreases towards the molar region (Figure 5).

The results suggest a tendency towards higher prevalence and bigger dehiscences in patients with Class II. When comparing only the maxillary incisors (both central and lateral) among the classes, mean dehiscence sizes were $2.09 \pm 0.66 \text{ mm}$ for Class I, $2.39 \pm 0.69 \text{ mm}$ for Class II/1, and $2.26 \pm 0.94 \text{ mm}$ for Class II/2. There was a significant difference between Class I and both categories of Class II ($p<0.01$), but no significant difference between the two subcategories of Class II ($p>0.05$).

Only buccal measurements

The buccal dehiscences (only measurements $>2 \text{ mm}$) were compared among the angle classes. The teeth were divided in different regions which were each compared among the Angle-Classes and categorized as follows: Combined Upper and Lower Jaw, Upper Jaw, Lower Jaw, Anterior Upper (12-22), Anterior Lower (32-42), Canines Upper, Canines Lower, Lateral Upper (17-14,24-27), and Lateral Lower (37-34,44-47). Measurements below 2mm were excluded from the analysis.

The analysis revealed significant differences in measurements between Angle Class I, II/1, and II/2, with particularly significant greater dehiscences in Class II/2 compared to the other classes.

In the upper and lower jaw combined, Class II/2 consistently showed larger values compared to both Class I and Class II/1 ($p<0.05$). Also when looking solely at the the upper jaw and lower jaw, Class II/2 showed significantly greater dehiscences in both cases: Upper jaw (I vs. II/2, $p=0.028$; II/1 vs. II/2, $p=0.015$) and lower jaw (I vs. II/2, $p=0.027$; II/1 vs. II/2, $p=0.036$). Additionally, differences were observed in the lower canines (I vs. II/2, $p=0.028$; II/1 vs. II/2, $p=0.014$) and lateral lower teeth (I vs. II/2, $p<0.001$).

The most significant differences are consistently seen when comparing Class 2.2 with Class 1.0 and Class 2.1, especially in the upper and lower jaw combined and in the canine regions. This suggests that patients in Class 2.2 exhibit larger bone measurements compared to those in other Angle Classes. Table III shows the results for each compared category.

Sex

Out of a total of 207 patients, 135 were females and 72 were males. There was no significant gender specificity concerning the total number of dehiscences within all three Classes combined (female 51.39%, male 48.49%; $p>0.05$), nor within each Angle-Class ($p>0.05$).

Age

The statistical analysis indicates a moderate positive correlation ($r=0.535$) between age and the average dehiscence size, suggesting that dehiscence size tends to increase as individuals age. The regression analysis reveals that the dehiscence size increases by approximately 0.029 mm per year on average. The standard deviation of the average dehiscence size is 0.477 mm, reflecting the variability in dehiscence measurements across the sample. This finding suggests a gradual and consistent increase in dehiscence size with age (Figure 6).

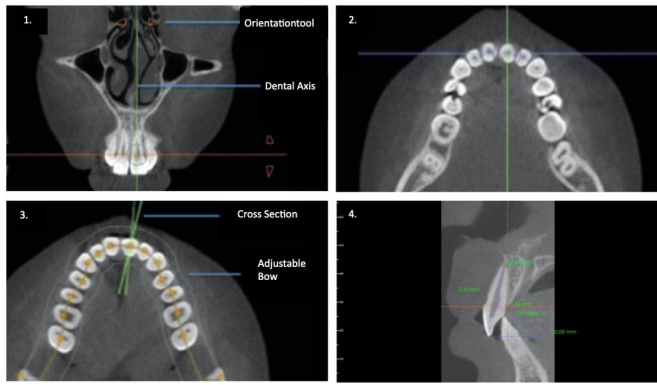


Figure 1: Tooth orientation in four planes: First the transversal plane was used for orientation (1.1), followed by rough alignment in the horizontal plane (1.2) and fine alignment in the horizontal plane (1.3). The boundaries between the enamel and cementum, as well as those between the crestal bone and surrounding tissues, are delineated. Additionally the angulation to the occlusal plane was measured (1.4).

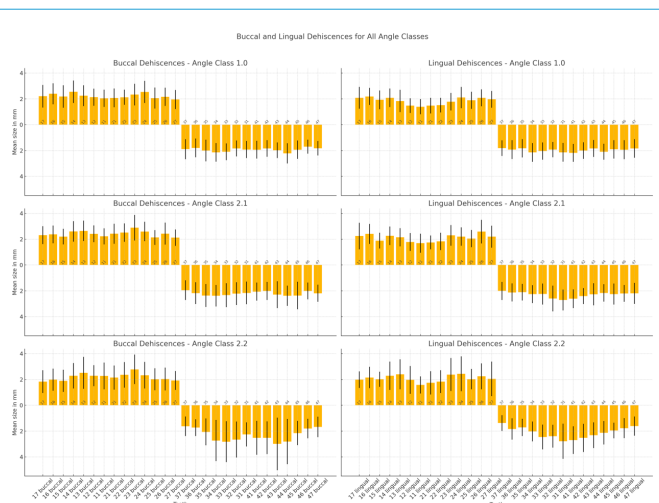


Figure 2: This Figure illustrates the mean size (in millimeters) of buccal and lingual measurements across the three analyzed Angle Classes. The data is presented in two columns, with the left column showing buccal dehiscences and the right column showing lingual dehiscences for each Angle Class. Error bars represent the standard deviations.

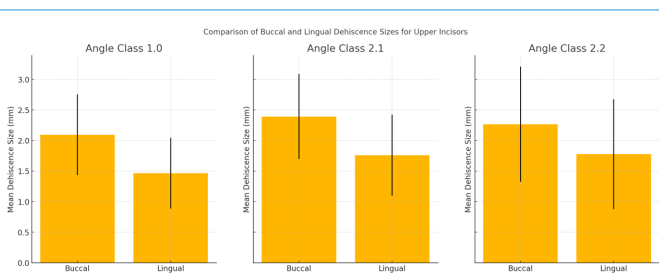


Figure 3: Figure 3 presents a comparison of buccal and lingual dehiscence sizes for upper incisors across three Angle Classes: I, II/1, and II/2. The graph shows that the buccal dehiscences were consistently larger than the lingual dehiscences for all classes.

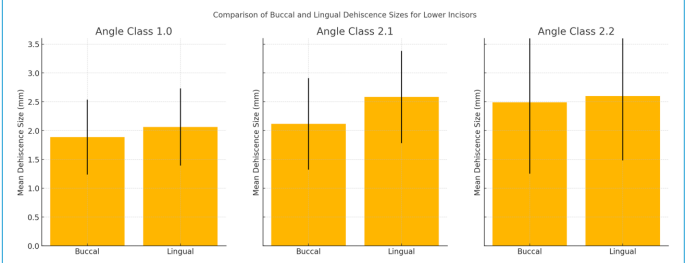


Figure 4: Figure 4 presents a comparison of buccal and lingual dehiscence sizes for upper incisors across three Angle Classes: I, II/1, and II/2. The graph shows that contrary to the upper incisors, the lingual dehiscences were consistently larger than the buccal dehiscences for all classes.

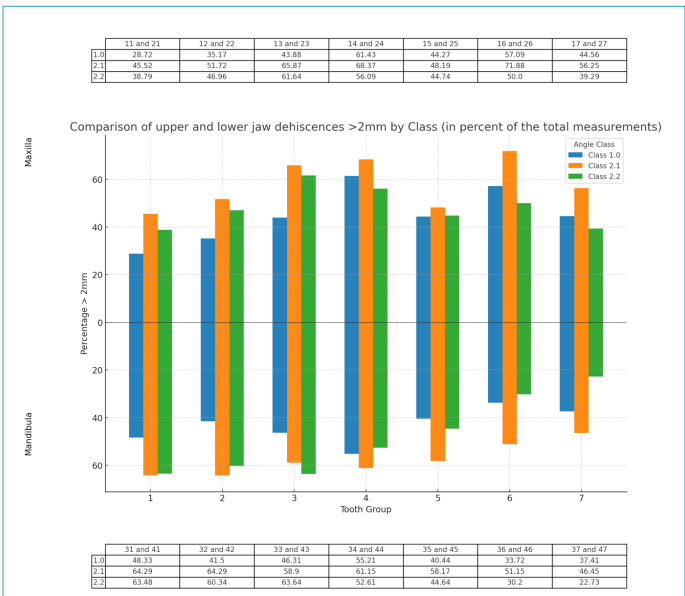


Figure 5: Prevalence of dehiscences in the maxilla and mandibula in percent (%) per tooth category (1 = central incisors, 2 = lateral incisors, 3 = canini ... 7 = second molar, 1.0, 2.1 and 2.2 represent the Angle Classes I, II/1 and II/2).

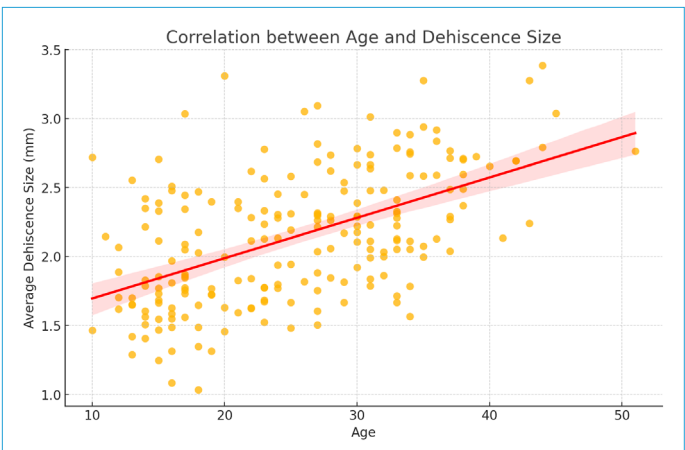


Figure 6: Correlations of dehiscences and age. Positive correlation between the extent of dehiscences per patient and their age among Angle-Class I, II/1, and II/2 patients. The size of dehiscences tends to increase with higher age.

Table 1: Frontal CT scan showing the mass an upper polar tissue mass of the left kidney.

Angle class	Total cases	Female/Male	Age	Mean age	SD
I	75	44/31	13-41	27.05	7.29
II/1	74	53/21	13-44	26.18	7.95
II/2	58	38/20	10-51	22.07	10.41
Total	207	135/71	10-51	25.34	8.71

Table 2: Table II presents a detailed comparison of buccal and lingual measurements across different angle classes, highlighting that buccal measurements were generally greater than lingual measurements.

Angle class	Condition	Jaw	Buccal measurement (Mean±SD)	Lingual measurement (Mean±SD)	p-value	Significance
1.0	All Measurements	Overall	2.08 mm ± 0.76 mm	1.91 mm ± 0.72 mm	<0.001	Significant (greater on buccal side)
1.0	Measurements >2 mm	Overall	2.76 mm ± 0.64 mm	2.66 mm ± 0.51 mm	0.0013	Significant (greater on buccal side)
1.0	Measurements >2 mm	Upper Jaw	2.13 mm ± 0.78 mm	1.88 mm ± 0.72 mm	<0.001	Significant (greater on buccal side)
1.0	Measurements >2 mm	Lower Jaw	1.92 mm ± 0.67 mm	1.97 mm ± 0.69 mm	0.250	Not Significant
2.1	All Measurements	Overall	2.32 mm ± 0.81 mm	2.20 mm ± 0.79 mm	<0.001	Significant (greater on buccal side)
2.1	Measurements >2 mm	Overall	2.79 mm ± 0.77 mm	2.79 mm ± 0.70 mm	0.880	Not Significant
2.1	Measurements >2 mm	Upper Jaw	2.36 mm ± 0.80 mm	2.16 mm ± 0.81 mm	<0.001	Significant (greater on buccal side)
2.1	Measurements >2 mm	Lower Jaw	2.19 mm ± 0.82 mm	2.30 mm ± 0.75 mm	0.020	Significant (greater on lingual side)
2.2	All Measurements	Overall	2.26 mm ± 1.18 mm	2.10 mm ± 1.01 mm	<0.001	Significant (greater on buccal side)
2.2	Measurements >2 mm	Overall	3.16 mm ± 1.12 mm	2.98 mm ± 0.92 mm	0.0025	Significant (greater on buccal side)
2.2	Measurements >2 mm	Upper Jaw	2.22 mm ± 1.09 mm	2.08 mm ± 1.02 mm	0.001	Significant (greater on buccal side)
2.2	Measurements >2 mm	Lower Jaw	2.37 mm ± 1.42 mm	2.16 mm ± 0.97 mm	0.010	Significant (greater on buccal side)

Table 3: Statistical comparison of average dehiscence sizes in specific tooth groups between the angle classes. Marked in orange are significant comparisons, marked in red are highly significant comparisons.

Compared teeth	Compared angle classes	Mean values and standard deviations	p-value
Upper + Lower Jaw	1.0 vs. 2.1	2.74 (0.65) vs. 2.72 (0.56)	0.524
	1.0 vs. 2.2	2.74 (0.65) vs. 3.02 (0.97)	<0.001
	2.1 vs. 2.2	2.72 (0.56) vs. 3.02 (0.97)	0.003
	1.0 vs. 2.2	2.77 (0.64) vs. 3.00 (0.79)	0.028
Upper Jaw	1.0 vs. 2.1	2.77 (0.64) vs. 2.76 (0.70)	0.816
	1.0 vs. 2.2	2.77 (0.64) vs. 3.00 (0.79)	0.028
	2.1 vs. 2.2	2.76 (0.70) vs. 3.00 (0.79)	0.015
Lower Jaw	1.0 vs. 2.1	2.62 (0.52) vs. 2.67 (0.59)	0.776
	1.0 vs. 2.2	2.62 (0.52) vs. 3.31 (1.44)	0.027
	2.1 vs. 2.2	2.67 (0.59) vs. 3.31 (1.44)	0.036
	1.0 vs. 2.1	2.67 (0.62) vs. 2.78 (0.59)	0.233
Anterior Upper (12-22)	1.0 vs. 2.1	2.67 (0.62) vs. 2.78 (0.59)	0.233
	1.0 vs. 2.2	2.67 (0.62) vs. 2.82 (0.75)	0.212
	2.1 vs. 2.2	2.78 (0.59) vs. 2.82 (0.75)	0.978
Anterior Lower (32-42)	1.0 vs. 2.1	2.59 (0.58) vs. 2.54 (0.66)	0.483
	1.0 vs. 2.2	2.59 (0.58) vs. 3.04 (1.24)	0.197
	2.1 vs. 2.2	2.54 (0.66) vs. 3.04 (1.24)	0.078
Canines Upper	1.0 vs. 2.1	2.87 (0.83) vs. 2.90 (0.60)	0.314
	1.0 vs. 2.2	2.87 (0.83) vs. 3.31 (1.16)	0.025
	2.1 vs. 2.2	2.90 (0.60) vs. 3.31 (1.16)	0.108
Canines Lower	1.0 vs. 2.1	2.66 (0.44) vs. 2.65 (0.62)	0.482
	1.0 vs. 2.2	2.66 (0.44) vs. 4.59 (2.46)	0.028
	2.1 vs. 2.2	2.65 (0.62) vs. 4.59 (2.46)	0.014
Lateral Upper (17-14,24-27)	1.0 vs. 2.1	2.87 (0.68) vs. 2.66 (0.51)	0.055
	1.0 vs. 2.2	2.87 (0.68) vs. 2.88 (0.75)	0.772
	2.1 vs. 2.2	2.66 (0.51) vs. 2.88 (0.75)	0.113
Lateral Lower (37-34,44-47)	1.0 vs. 2.1	2.56 (0.47) vs. 2.93 (1.00)	0.082
	1.0 vs. 2.2	2.56 (0.47) vs. 3.24 (1.23)	<0.001
	2.1 vs. 2.2	2.93 (1.00) vs. 3.24 (1.23)	0.096

Discussion

The results of this study confirm a high prevalence of dehiscences before orthodontic treatment among all analyzed Angle-Classes, with Class I showing a prevalence of 44.30%, Class II/1 showing 58.21%, and Class II/2 showing 49.10%. Other studies have also reported similarly high prevalences of dehiscences between 42.64% to 53.63% in patients with Class I and Class II malocclusions [3-6].

Due to the nature of the sample, significant dental factors related to the malocclusion were not included in this study like, symphysis width and height, vertical skeletal pattern or soft tissue phenotype.

Our study allows for differentiation between the two subdivisions, Class II/1 and Class II/2, which differ strictly by maxillary incisor inclination. We expected greater bone defects in patients with buccally-inclined teeth and analyzed patients with lingually-inclined and buccally-inclined maxillary incisors individually (Class II/1 and Class II/2). Contrary to our expectations our results show an above-average dehiscences size on the buccal side for both Angle-Classes (II/1, 2.39 ± 0.69 mm; II/2, 2.26 ± 0.94 mm). There were no significant differences between the two classes, although the inclination of the incisors was opposite ($p > .05$). Tian et al. measured bone thickness at the tooth apex for maxillary labial and lingual inclined teeth and found out, that Incisors with labial inclination exhibited thicker bone at the labial side of the root apex [7].

There is no other study, that states the correlation between tooth inclination and buccal dehiscences before orthodontic treatment, but other studies that compare the correlation before and after orthodontic treatment with a significant change in buccolingual tooth inclination also report no significant increase of the labial dehiscence size [8,9].

Our study revealed that canines, first premolars, and, interestingly, first molars are more frequently affected by dehiscences in the upper jaw (Figures 1 and 4). While this is understandable for canines and first premolars, which are located along the curvature of the jaw, no clear explanation exists for the increased susceptibility of the first molars. It is also noteworthy that this enlargement of dehiscence is not limited to the buccal side but is also observed on the lingual side. This finding is consistent with the study by Rupprecht et al., which identified the highest prevalence of dehiscences overall in the upper left first molar (11.3%) [10]. In a recent CBCT study by Mohan et al., the prevalence of dehiscence in maxillary first molars was found to be 60.95%. It was observed that molars with a buccolingual inclination greater than 9 degrees had a higher prevalence of dehiscence on the buccal side (84.6%), while those with an inclination less than 9 degrees showed more dehiscence on the lingual side (71.4%). The study did not find a significant correlation between buccolingual inclination and the extent of dehiscence or fenestration [11]. A possible explanation for the greater involvement of the first molars could be that they are the first permanent teeth to erupt and, therefore, remain in the mouth for a longer time than other permanent teeth, subjecting them to mechanical stress and wear over an extended period. Mohan et al. also pointed out that first molars are particularly susceptible to dehiscence due to their anatomical position, where the narrow morphology of the maxilla could result in resorption of the cortical bone covering the root surfaces, making the bone thinner and more prone to defects. Additionally, first molars bear significant occlusal forces over time, contributing to the

higher prevalence of dehiscence [11]. In orthodontic treatment, a common technique for gaining space in the dental arch is eccentric movement and proclination of teeth. Our findings suggest, that although inclination does not seem to play the decisive role in creation of dehiscences, the thickness of labial bone does.

It was stated in multiple animal experiments with monkeys and dogs [12-15] as well as in analyses pre- and posttreatment that this approach can lead to the creation and aggravation of dehiscences and fenestrations if the periodontal bone's thickness and height are insufficient [16-19]. On the other hand, Artun and Grobety found out, that in adolescent patients with reclined teeth, where it can be assumed, that buccal cortical bone plate is sufficient, proclination does not cause changes in buccal attachment [20]. While Yu et al. reported a regain of periodontal bone density in the first year after the orthodontic retention phase [21], other studies have shown that up to 38% of orthodontic treated patients develop dehiscences and recessions within five years after treatment [22-24].

For orthodontists, it is important to diagnose beforehand, if labial bone is sufficient or if in order to prevent dehiscences, more invasive methods, such as surgically assisted rapid maxillary expansion, interproximal enamel reduction or tooth extraction should be applied [11,13,25,26].

Although Class II patients show larger dehiscences than patients with a Class I, the difference in size is mostly less than 0.5 mm on average. Therefore, the choice of diagnostic method (2D or 3D) should depend on the planned therapy rather than the dental class of the patient. Evangelista et al. came to a similar conclusion regarding facial type and dehiscences. Comparing brachy- meso- and dolichofacial growth pattern, does not seem to have an influence on the frequency of bony dehiscences and fenestrations in untreated individuals [3]. On the other hand, Sadek et al. state that patients with brachyfacial skeletal patterns, have a thinner alveolus and this may predispose them to a greater risk of developing bony dehiscence [27].

CBCT offers more detailed information than 2D radiographs and can enhance treatment planning [28,29]. It is a widely used imaging modality in dentistry and maxillofacial surgery, but balancing radiation dose and diagnostic quality is a challenge. To minimize radiation dose, CBCT scanners typically use larger voxel sizes, which reduce image quality and accuracy, particularly for detecting bony dehiscences and other conditions requiring high detail. Voxel size refers to the dimensions of a single voxel, which is the smallest distinguishable cuboid unit in a three-dimensional digital representation, such as CBCT.

Although a voxel size of 0.2 mm is widely accepted as being accurate enough for diagnostics of bony dehiscences [30-32], this study also used few CBCTs with a voxel size of 0.25 mm. This, undoubtedly leads to a lesser image quality and higher difficulty in accurately diagnosing the delimitations of the alveolar crest [33]. Still, Timock et al. were able to demonstrate on human head cadavers, that even a 0,3 mm voxel-size produces images with an accuracy of 0.30 ± 0.27 mm with no statistical significant difference compared to digital caliper measurement [34]. On the other hand, Sun et al. examined a sample of 122 anterior teeth in 14 patients with Class III malocclusion. Direct measurements of dehiscences and fenestrations were taken using a gauge during surgery, while indirect measurements were obtained through CBCT scans collected prior to treatment with a voxel size of 0.125. The study found that CBCT scans frequently

result in false-positive diagnoses of dehiscences, leading to an overestimation of their actual prevalence. According to Sun et al., only dehiscences appearing as >3 mm in CBCT scans can be confidently diagnosed as clinically present [35]. CBCT can provide accurate and valuable information for orthodontic treatment planning, but voxel size and radiation exposure should be adequately adjusted to the diagnostic purpose.

Our findings suggest that the traditional classification of malocclusions based on EH Angle's dental classes may not provide a precise assessment of the periodontal bony conditions. This is mainly due to the vague definition of Angle's classes in the literature, which does not adequately describe the relationship between the dental and osseous structures of the jaw [36]. As a result, the Angle classification can offer only a general impression of the patient's dental relations and malocclusion. However, despite its limitations, the Angle classification is still widely used and can aid in selecting further diagnostic measures. Further investigation is needed to explore the relationship between dehiscences and skeletal classes. Examining the prevalence of dehiscences in different combinations of skeletal and dental malocclusions, such as skeletal class I with dental class I compared to skeletal class I with dental class II, could provide valuable insights for future research.

Conclusion

The results of the study show that nearly 50% of all teeth in patients with malocclusions have bony dehiscences greater than 2 mm before orthodontic therapy. Dehiscences were found in all areas of the jaw within all malocclusions. Certain areas such as the canines of the maxilla and first premolars of the mandible are predominantly affected. In both, Class II/1 and II/2, buccal measurements in the upper incisor region were significantly greater, than on the lingual side. Sex does not seem to play a role in dehiscence prevalence.

Although patients with a Class II malocclusion appear to have a higher prevalence of buccal dehiscences, periodontal bony coverage cannot be accurately predicted using only the malocclusion-type.

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